SIZE GUIDE

EU REGULAR + TALL

Sizes	XS		S		M				L				XL				2XL			
	C44		C46		C48		C50		C52		C54		C56		C58		C60		C62	
	W30"		W31"		W33"		W34"		W36"		W37"		W39"		W41"		W43"		W44"	
unit of measure	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
1 Body height	170	5'7"	174	5'8"	180	5'11"	180	5'11"	184	6'	184	6'	188	6'2"	188	6'2"	192	6'3"	192	6'3"
unit of measure	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
2 Chest	88	34 ½	92	36	96	37 ½	100	39	104	41	108	42 ½	112	44	116	45 ½	120	47	124	48 ½
3 Waist	76	30	80	31 ½	84	33	88	34 ½	92	36	96	37 ½	100	39	104	41	108	43 ½	112	44
4 Waistband	80	31 ½	84	33	88	34 ½	92	36	96	37 ½	100	39	104	41	108	42 ½	112	44	116	45 ½
5 Hip	94	37	98	38 ½	102	40	106	41 ½	110	43	114	45	118	46 ½	122	48	126	49 ½	130	51
6 Inseam	79	31	80	31 ½	81	32	82	32	83	32 ½	84	33	85	33 ½	86	34	87	34	87	34
Inseam tall*	84	33	85	33 ½	86	34	87	34	88	34 ½	89	35	90	35	91	36	92	36	92	36

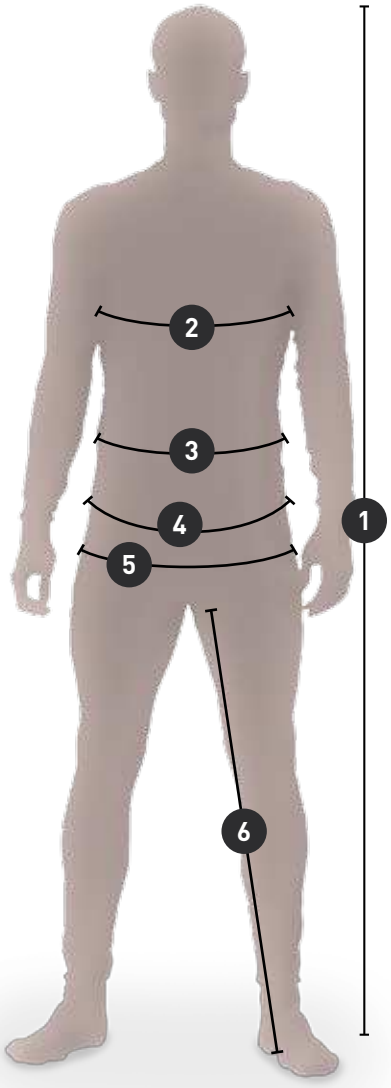
Sizes	3XL				4XL				5XL				6XL			
	C64		C66		C68		C70		C72		C74		C76		C78	
	W45"		W47"		W48"		W50"		W52"		W53"		W55"		W56"	
unit of measure	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
1 Body height	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"	194	6'4"
unit of measure	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
2 Chest	128	50	132	52	136	53 ½	140	55	144	56 ½	148	58	152	59 ½	156	61
3 Waist	116	45 ½	120	47	124	48 ½	128	50	132	52	136	53 ½	140	55	144	56 ½
4 Waistband	120	47	124	48 ½	128	50	132	52	136	53 ½	140	55	144	56 ½	148	58
5 Hip	134	52 ½	138	54	142	56	146	57 ½	150	59	154	60 ½	158	62	162	63 ½
6 Inseam	88	34 ½	88	34 ½	88	34 ½	88	34 ½	88	34 ½	88	34 ½	88	34 ½	88	34 ½
Inseam tall*	93	36 ½	93	36 ½	93	36 ½	93	36 ½	93	36 ½	93	36 ½	93	36 ½	93	36 ½

FIND YOUR SIZE C-MODEL

6 Inseam length \ 4 Waistband width	72	76	80	84	88	92	96	100	104	108	112	116	120	124	128	132	136	140	144	148
75																				
76																				
77	C40																			
78		C42																		
79			C44																	
80				C46																
81					C48															
82	C40*					C50														
83		C42*					C52													
84			C44*					C54												
85				C46*					C56											
86					C48*					C58										
87						C50*					C60	C62								
88							C52*						C64	C66	C68	C70	C72	C74	C76	C78
89								C54*												
90									C56*											
91										C58*										
92											C60*	C62*								
93													C64*	C66*	C68*	C70*	C72*	C74*	C76*	C78*
94																				
95																				

EU SHORT AND WIDE PANTS

Sizes	D84		D88		D92		D96		D100		D104		D108		D112		D116		D120		D124		D128	
unit of measure	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet	cm	feet
1 Body height	156	5'1"	160	5'3"	164	5'4"	170	5'7"	170	5'7"	174	5'8"	174	5'8"	178	5'10"	178	5'10"	182	5'11"	182	5'11"	184	6'
unit of measure	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch	cm	inch
3 Waist	78	30 5/7	82,0	32 3/7	86	33 4/7	90	35 3/7	94	37	98	38 4/7	102	40 1/4	106	41 3/4	110	43 1/3	114	44 7/8	118	46 1/2	122	48
4 Waistband	82	32	86	34	90	35	94	37	98	38 1/2	102	40	106	41 1/2	110	43	114	45	118	46 1/2	122	48	126	49 1/2
5 Hip	92	36	96,0	37 1/2	100	39	104	41	108	42 1/2	112	44	116	45 1/2	120	47	124	48 1/2	128	50	132	52	136	53 1/2
6 Inseam short and wide	73	28 1/2	74,0	29	75	29 1/2	76	30	77	30	78	30 1/2	79	31	80	31 1/2	81	32	82	32	83	32 1/2	84	33
Inseam wide*	78	30 1/2	79,0	31	80	31 1/2	81	32	82	32	83	32 1/2	84	33	85	33 1/2	86	34	87	34	88	34 1/2	89	35



1: Body height
2: Chest
3: Waist (at belly-button height)
4: Waistband (where your pants' waistband is placed)
5: Hip
6: Inseam

FIND YOUR SIZE D-MODEL

6 Inseam length \ 4 Waistband width	82	86	90	94	98	102	106	110	114	118	122	126
71												
72												
73	D84											
74		D88										
75			D92									
76				D96								
77					D100							
78	D84*					D104						
79		D88*					D108					
80			D92*					D112				
81				D96*					D116			
82					D100*					D120		
83						D104*					D124	
84							D108*					D128
85								D112*				
86									D116*			
87										D120*		
88											D124*	
89												D128*
90												
91												

UNISEX CONVERSION

MEN'S SIZES	WOMEN'S SIZES
XXS	S (36)
S	M (38)
M	L (40/42)
L	XL (44/46)
XL	2XL (48/50)

SOCKS

	Sizes			
Europe	37-39	40-42	43-45	46-48
UK	4-6	6 ½ - 8 ½	9 - 10 ½	11 - 12 ½
US	5 - 6 ½	7 - 8 ½	9 - 11 ½	12 - 13

*Most of Helly Hansen Workwear C-sized and D-sized pants can be extended 5cm by cutting open a contrast stitch at bottom hem